

WISH LIST

Lab Upgrades

Mobile Centrifuge (\$1,000) A mobile centrifuge for our outreach van will enable our Homeless Healthcare Program team to collect and preserve specimens while they're on the road. This piece of equipment would have a direct impact on delivering quality care to a vulnerable, and sometimes hard to reach, population.

Mobile Phlebotomy Arm Rests (\$125 each) We would like 10-15 mobile arm rests to help eliminate one of the biggest challenges to drawing patients' blood in exam rooms and make the procedure a safer and more comfortable experience.

Incubators (\$750 each) Our lab is in need of two reliable incubators to aid in the diagnosis of bacterial infections. Timely diagnosis helps patients get the treatment they need faster and helps contribute to good antibiotic stewardship. Without reliable incubators, specimens can become ruined and delay patient care.

New Lab Coats (\$40 each) Our laboratory technicians need updated lab coats. Twenty-five new lab coats would help protect against the hazards of handling hundreds of patient specimens each day.

Keeping Smiles Bright

Dental Endodontic Activator (\$2,000) This device is used during a root canal procedure to activate the medicament used to clean the canal(s) of the tooth being treated. Use of this machine would help to make the procedure more comfortable for patients.

Dental Hand Instruments (\$2,000) Our Dental Center is always in need of preventative items, specifically hand pieces that play a critical role in keeping our dental patients proud of their pearly whites.

Intraoral X-Ray Unit (\$4,700) This device is used to capture 2D images of teeth. This helps our dental staff assess and diagnose accurately, and plan for any necessary next steps in a patient's oral health treatment plan.

Patient Lending Programs

EMDR Tappers (\$150 each) EMDR tappers (also known as pulsators or buzzers) are devices that use tactile bilateral stimulation to activate both hemispheres of the brain. We would like to have a supply of five tappers available that we can loan to patients engaging in EMDR via telehealth.

Lending Library (\$1,800) CHC's Behavioral Health Program would like to create a lending library where patients can borrow materials that can aid in their treatment. Examples include *Say Goodnight to Insomnia* by Gregg Jacobs or *The Mindful Self-Compassion Workbook: A Proven Way to Accept Yourself, Build Inner Strength, and Thrive* by Kristin Neff and Christopher Germer.

Notebooks (\$200) We would like to have a supply of notebooks available for therapy patients to journal progress and track symptoms during their treatment.

Honoring our Past

History Video (\$5,000) We would like to honor CHC's history with a professional video that portrays our service to the community over the past five decades. Not only would this be a great way for community partners and patients to learn about all of our programs and services at a glance, but it would also serve as an inviting way for current and future CHC staff to connect with us on a deeper level and celebrate our accomplishments since 1971.

To make a donation or learn more, please contact Kim at kanderson@chcb.org or (802) 264-8193.