



# Walk with a Doc at CHC!

**What:** Free walking group with a CHC provider!

**Who:** Everyone - including families with young children, people who are already physically active, and those who are thinking of adding more movement into their routines!

**When:** Every Saturday at 10am beginning April 15, 2023.

**Where:** Parking lot of CHC - Winooski, 32B Malletts Bay Ave. Winooski.



Scan the QR code to sign a waiver before your first walk.  
Our chapter number is 9535.



SCAN ME

