



Feeling Anxious?

Is anxiety getting in the way of living your life? Are you finding that you aren't doing the things that you need to or want to because of anxiety? Join our Anxiety Group to learn more about how to get back on track and take control of anxiety.

The group will be held via Zoom. This program is open to patients of Community Health Centers. To learn more, please contact Meaghan McFadden at (802) 489-7529. She will arrange an assessment to learn more about you and tell you what the group entails.

We accept most insurance including Medicaid. If you are uninsured, please check with our Patient Support staff to see if you qualify for our Sliding-Fee Scale or other financial assistance programs.

Mental Health
Services



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