**BEHAVIORAL & EMOTIONAL HEALTH SCREENING IN PRIMARY CARE**

**COMMONLY USED TOOLS**

**BROAD SPECTRUM MEASURES** – Most useful as a starting point. Ask about many emotional and behavioral symptoms. Responses can guide further assessment.

- **Pediatric Symptom Checklist** (ages 0-17, caregiver and youth (11+) reports)
  - Youth: PSC-17 / Caregiver: Baby-PSC (0-18 months); Preschool-PSC (19-65 months); PSC-17 (4-17 years);
  - Scoring Guide: Baby-PCS; Preschool-PSC; PSC-17 / Non-English Language Versions

**ADHD MEASURES**

- **Vanderbilt Diagnostic Rating Scale** (ages 6-12, caregiver and teacher reports)
  - Teacher: Initial; Follow-Up / Caregiver: Initial; Follow-up / Scoring Guide: Scoring Guide / Spanish

- **Swanson, Nolan, and Pelham (SNAP-IV) Rating Scale** (ages 6-18)
  - SNAP-IV 26 Item Rating Scale for Caregivers and Teachers + Scoring Guide

**ANXIETY MEASURES**

- **Screen for Child Anxiety Related Disorders (SCARED)** (ages 8-18, caregiver and youth reports) – useful for distinguishing between different types of anxiety (i.e. social, separation, generalized, etc.)
  - Caregiver Version + Scoring / Youth Version + Scoring / Non-English Language Versions

- **Generalized Anxiety Disorder-7 (GAD-7)** (ages 11+) - GAD-7 + Scoring / Non-English Language Versions

**DEPRESSION MEASURES**

- **Patient Health Questionnaire-9 Modified for Teens (PHQ-9)** (ages 11-17) - includes questions about suicidal ideation and attempts. PHQ-9 Modified for Teens / Scoring Guide / Non-English Language Versions

- **Short Mood and Feels Questionnaire (SMFQ)** (ages 8-16). Questions more developmentally appropriate for school-aged children than on the PHQ9. Caregiver and youth reports + scoring.

**BIPOLAR DISORDER MEASURES**

- **Mood Disorder Questionnaire (MDQ)** (ages 12+) - may identify adolescents who have general difficulties with emotion regulation as having potentially experienced mania. MDQ + Scoring / MDQ for caregiver
TRAUMA MEASURES

- **CHILD ADOLESCENT TRAUMA SCREEN (CATS)** (ages 3-17, caregiver and youth report for 7+) – screens for the experience of potentially traumatic events and resulting emotional distress. Less informative in youth with known a trauma history and clear post-traumatic sequelae. **Caregiver (3-6 y/o youth):** English; Spanish / **Caregiver (7-17 y/o youth):** English; Spanish / **Youth:** English; Spanish

SUBSTANCE USE

- **CRAFFT** (ages 12-21) - administered either via clinician interview or self-questionnaire. Empiric evidence that teens are more truthful in their responses on self-questionnaire. Recently updated version with additional questions about vaping, edibles, and tobacco use. **Self-Administered / Clinician Interview / Non-English Language Versions**

SUICIDALITY & SAFETY ASSESSMENT