

Patient FAQ's

Will the parents need to be present during the CPCC appointments?

Yes, parent participation is required if <18 and encouraged if 18+. The parent and child are typically interviewed together at the beginning of the visit, then the child is interviewed on their own, then the parents on their own, and at the end of the two visits typically the recommendations will be presented to the parent and child together. If the child is very young often the recommendations are simply presented to the parents.

How is the appointment conducted?

The psychiatric consultation appointments are conducted in two separate hour long visits. Once completed Dr. Spottswood compiles her notes from both visits and the completed psych master will be faxed to the referring pediatrician's office for the PCP to review and continue care, typically within 24 hours. The PCP is responsible for ongoing care.

What if we have questions or concerns once the consultation is completed?

Parents should contact the patients PCP with any questions after the consultation is completed. If needed, the PCP will reach out to Dr. Spottswood with follow up consultative questions. Please contact your PCP before contacting CHCB.

What if we need to cancel or re-schedule an appointment?

Please call the riverside scheduling line (802) 864-6309 and request to cancel your CPCC visit. We will reach out to you to re-schedule.

What if I would like another consultation visit?

Please speak with your PCP about any new or remaining concerns. If appropriate, the PCP will send CHCB another referral form and we will reach out to the patient's family to schedule two new consultations visits.

Can you self-refer to be seen in the CPCC clinic?

No, all referrals must come from the patients PCP. Please contact your PCP and have them complete the CPCC referral form and fax this to (802) 540-6848 or email this to CPCC@CHCB.org. Once received we will contact you to schedule the two consultation visits.