

## Celebrating Sixteen Years of Smiles and Generosity



### Dental Services at CHCB

- Cleanings
- Sealants
- Check-ups and X-rays
- Fillings
- Extractions
- Oral Cancer Screening
- Healthy Gum Care
- Root Canals
- Crowns and Bridges
- Full or partial dentures, or referral as needed

■ It is said that a smile is the worldwide language of kindness. Here at CHCB, we strive to strengthen the teeth behind those smiles. We know that although the need for basic dental work seems simple, it is profound. Through philanthropic support, CHCB has been able to provide care to over 7,000 dental patients every year while staying ahead of the curve with new oral health technologies.

Our Dental Program started in 2004 through seed funding and blossomed into three state-of-the-art dental centers in the years since. Our Riverside and School-Based Dental Centers led the way, with the South End Dental Center becoming established in 2017. As one of

only a handful of dental practices in the area that accepts Medicaid insurance, a large patient population relies heavily on CHCB for its oral health needs. Recognizing the scope of this need, Northeast Delta Dental awarded us a grant to expand our South End Dental Center by two full operatories, allowing for increased patient access in Burlington's South End neighborhood.

This past fall, CHCB was fortunate to receive a Health Resources and Services Administration (HRSA) grant for \$300,000 to continue increasing our oral health service capacity. This funding will support CHCB's ability to diagnose and treat patients through the utilization of new equipment. "This grant has

enabled us to purchase some instruments that, until this time, have been financially out of reach," shared CHCB Dental Director, Elicia Thompson, DDS. "Instruments such as intraoral cameras will enhance our patient education and treatment documentation capabilities, and the addition of a dental surgical laser will improve the delivery of treatments." Not only are we able to prepare for anticipated patient growth with the addition of server space to store x-rays and records, but the funding has also allowed us to complete our South End Dental Center, adding our fifth and sixth dental exam rooms. It is an exciting time for dental at CHCB; we are proud to continue bringing cutting-edge technologies as well as integrated patient care to our community.

...A smile is the worldwide  
language of kindness.

## A Note from Kim

"As the needs of our community change, so does CHCB."

— Kim Anderson  
Director of Development and Communications

■ During CHCB's current period of leadership transition, I am taking this opportunity to write directly to you, CHCB's most loyal partners, advocates and friends. I feel like I've grown up with you throughout the last decade, keeping you updated about CHCB's tremendous programs and services. As CHCB's Director of Development and Communications, I've had the distinct pleasure of working with many of you to help fund the innovative, fair initiatives that make CHCB a leader in safety net health care for our whole community.

Whenever I tour folks throughout our facilities, the resounding response

is always, "I had no idea CHCB did this much!" And it's true – I'm barely even able to keep up with everything that's happening at all of our eight locations. As the needs of our community change, so does CHCB. From CHCB's incredible response in tackling the opioid epidemic to urging our legislators to increase the Medicaid benefit for dental patients, CHCB is continually at the forefront of upstream, preventative health care decision-making. If I were to compile all that CHCB does into one newsletter, it would be quite the book for your coffee tables.

This newsletter is no different as it



keeps you informed about the latest in programs we're piloting and new technologies we're making sure connect our hard-to-reach patients. The theme you'll read throughout all of these updates is the incredible impact of philanthropy. As a nonprofit organization, we rely on the kindness of local, state and federal partners – YOU. Thank you for your trust in us to do good work and for your stalwart support as we're ever changing to meet the needs in our community.

— Kim Anderson

## Medical Care on the Cutting Edge

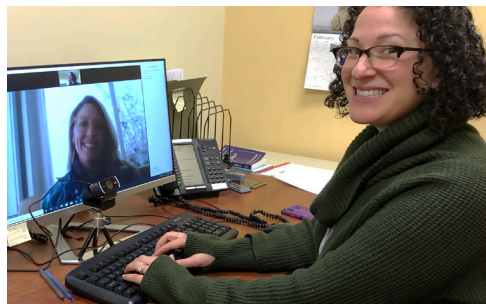
### CHCB's Pearl Street Youth Health Center Pilots Telemedicine Appointments

■ CHCB is expanding access once again in a new and innovative way by offering telemedicine appointments at our Pearl Street Youth Health Center. Telemedicine allows providers to meet with patients through video calls, reducing barriers such as unexpected transportation issues or travel over long distances. Diana Clayton, FNP, is CHCB's Health Information Technology Clinical Provider Lead, and has worked closely with Pearl Street's Andrea Solomon, PA, to pilot the initiative over the past year.

"We're really pushing the envelope with how technology can improve access to health care," Diana said of the project. "We're not seeing people less, we're connecting with them more," she adds. While there are

naturally certain limitations in terms of physical exams, visible issues such as conjunctivitis and some rashes can be evaluated, and is it especially helpful in addressing mental health needs.

While telemedicine is already being utilized by some of CHCB's psychiatrists and social workers, our



Diana Clayton, FNP (l) and Andrea Solomon, PA (r) demonstrate CHCB's telemedicine technology

location on Pearl Street was identified as the best starting point for medical telemedicine appointments. This particular population of patients ages 13 through 25 is already receptive

"We're not seeing people less, we're connecting with them more."

— Diana Clayton, FNP

of the technology and has been appreciative of the convenience it affords. "I find my patients who use it really love it," Andrea shares. "I have a patient with severe anxiety and agoraphobia, and they were really happy to be able to do a check on their medication and mood without having to leave their home."

# Oh, Baby! A Year of Growth for CHCB's OB Team

■ It's been a busy year for CHCB's Maternal/Child Health Program! An additional Social Worker and Family Medicine Physician both joined our OB Team. We're also delighted to share that a generous grant from the Hearst Foundation enabled us to purchase new prenatal screening equipment, including a high-resolution ultrasound and a non-stress test machine. This new equipment will make it easier for our OB providers to perform first trimester ultrasounds, and will also allow patients the convenience of receiving all of their pregnancy care in one location.

CHCB's OB Team works with expecting parents to help them overcome any psycho-social barriers they may face in navigating pregnancy and childbirth. The OB



OB Team Lead Provider Dr. Lincoln Health tests the Riverside Health Center's new high resolution ultrasound

Team meets twice monthly to discuss ideas for improving patient care, update one another on changing guidelines and evidence-based maternity care, plan and coordinate care for high-risk or complex patients,

Our OB Team makes sure **all barriers** are overcome to ensure babies are well-supported in their Health Care Home from **day one.**

and discuss how they can promote a healthy and supportive environment for all members of the family. Whether it's translated materials or an illustrated pregnancy guide book, our OB Team makes sure all barriers are overcome to ensure babies are well-supported in their Health Care Home from day one.

## Did you know you can support CHCB's mission and services in more ways than one?

■ A patient referral is just as meaningful as a monetary donation and goes a long way in benefitting us financially. We are currently accepting new medical and dental patients at each of our locations, so please send any friends and family our way for quality care.

Learn about our different locations and providers accepting new patients at [www.chcb.org/locations-providers](http://www.chcb.org/locations-providers).



### Our patients are proud to call CHCB their Health Care Home!

Riverside Health Center  
617 Riverside Ave, Burlington

South End Health Center  
789 Pine St, Burlington

Safe Harbor Health Center  
189 S. Winooski Ave, Burlington

Pearl Street Youth Health Center  
179 Pearl St, Burlington

GoodHEALTH Internal Medicine  
368 Dorset St, South Burlington

Winooski Family Health  
32 Malletts Bay Ave, Ste B, Winooski

Champlain Island Health Center  
52 Community Ln, South Hero

School-Based Dental Center  
6 Archibald Street, Rm 101, Burlington





617 Riverside Avenue  
Burlington, VT 05401

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## The Community Health Centers of Burlington Newsletter

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"Salud" is the premiere local auction of upscale wines, craft beers and unique experiences with a food and wine pairing.

Tickets on sale now: [www.chcb.org/donate/salud](http://www.chcb.org/donate/salud)

Community Health Centers of  
Burlington's Eighth Annual

# Salud



Friday, September 18 at 6:30 pm  
The Essex, Vermont's Culinary Resort & Spa

The Community Health Centers of Burlington is a 501(c)(3) non-profit and Federally Qualified Health Center funded in part through a grant from the U.S. Department of Health & Human Services and generous community support. CHCB is a Health Center Program grantee under 42 U.S.C. 254b, and a deemed Public Health Service employee under 42 U.S.C. 233(g)-(n).

All CHCB programs and services are accessible to people with disabilities. This newsletter is available in alternative formats upon request.

Notice of Privacy: The Community Health Centers of Burlington protect the health information of our patients and gift information of our donors in all of our activities including our fundraising work. If you no longer wish to receive newsletters, fundraising appeals, or event invitations from us, please contact the CHCB CR&D Department at 617 Riverside Avenue, Burlington, VT 05401, [kanderson@chcb.org](mailto:kanderson@chcb.org), or call (802) 264-8193.

